



NEWS FLÈCHE

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CLUB RE-OPENING QUESTIONNAIRE

Please [click on the link](#) to access the club re-opening questionnaire. It takes only one minute to complete but will allow the club to organize its re-opening in a safe and orderly manner.

Please make sure to complete it. Thank you

PERSONIFYING A SWORD

An [interesting article](#) from Leon Paul suggesting to personify your guard using a simple box of sharpie pens!

Apparently, this idea came from those WW2 planes with big toothy mouth painted on the nose.



Why don't you try and show us your artwork when we go back fencing?

KINGSTON FENCING CLUB COVID-19 GOLDEN RULES

These are the rules we must follow on club nights to keep everyone safe. They follow BFA guidance. Please get in touch with the committee if you have any queries.

1. Do not fence if you feel **unwell**.
2. Remember you must sign in to your Pool when you arrive in the hall. The **maximum number in a pool is 6** and you must not change pool during the session.
3. If you are not a KFC member you must leave your **contact details**.
4. If you are a **parent**; sorry but you cannot stay in the hall whilst fencing is going on, but please leave your contact details in case of **emergency**.
5. **Enter** the hall by the "normal" door and **leave** via the back door.
6. Keep at least **2 metres** distance when in the hall, apart from when fencing or being coached 1:1.
7. Wear a **face covering** when you are not fencing, if you want to take the face covering off please go outside the hall to do it.
8. **Sanitise your hands** before and after clipping in and out of the box.
9. Maximum bout length is **10 minutes**.
10. Remember what **you can't do when sparring**;
 - a. No Fleching
 - b. No corps-a-corps
 - c. No handshaking – Salute instead
11. **Toilets and changing rooms** are for emergencies only, you need to arrive ready to fence and go home in your fencing kit.
12. Please don't go in the **armoury**, if you need something talk to the duty Covid officer.
13. If you need to **borrow equipment** (mask, jacket, plastron) then contact the club before the session club@kingstonfencing.co.uk to discuss a long term loan.
14. We can now longer loan **gloves**, you will have to have your own.
15. Any queries please see the **duty Covid officer**