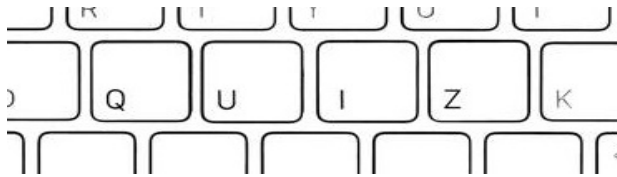




NEWS FLÈCHE

Issue 4 – 28th April



[Click here for the KFC online quiz \(2nd Bout\)](#)

A [zooty](#) with the club logo will be given as a prize for the overall winner at the end of the last bout.

WIRELESS FENCING IS COMING TO YOUR CLUB!

My grandfather, Jean Thérond, was a keen épéist in the first half of the last century. I remember him telling me about his daily fencing routine: 10 minutes and as soon as he started to sweat, he was off to his favourite café, “Le Napoleon” on the boulevards.

Fencing was all about elegance, style and agility rather than scoring points.

In the first scoring system, blades were tipped with charcoal to assist the judges. Epée electric scoring with cable and spools first appeared in the infamous 1936 Olympics, followed by foil 30 years later, but it is only in 1988 that sabre got electrified!

Rick has shared with me this very interesting [article from Leon Paul](#) explaining why we need to move to wireless scoring systems. The technology has been around for some time, is reliable and brings freedom to the sport. I am sure my grandfather would agree!



Remember to tune into Mo’s Zoom Room on Tuesday at 8.00pm
- Details in the [first News Flèche](#) on the KFC website.
- This week, we will practice “**Commentary Fencing**”

MEMBER’S UPDATES

From Richard:

[Tyshler Foot Disco](#) or practicing with a Southern African style...

From Emmanuel:

[Fencer’s Edge channel](#) has helped me to continue with my training. Today I have completed the [Intermediate Footwork Practice](#) and the [Sabre Attacking Drills](#), mounting my i-phone on my fencing dummy has helped me to keep with the pace of the video...



A brief history of fencing at Kingston by Alex Coleman:



I started foil fencing at Kingston on September 11 2012 under the supervision of Joe Shackell. Then I did some épée with Trevor Langford and Ian Briggs. I got a taste for sabre and was told to stick with that weapon by Lance Larsen who is currently my coach. I am competing and have just taken up coaching at the club.

CARTOON OF THE WEEK
(Click on the image)

